

PERINATAL MENTAL HEALTH

THE NATIONAL TRAINING COURSE 2019:

Expertise for Expanding Services

Internationally renowned speakers providing evidence-based, up to date and clinically relevant knowledge covering most areas of the Draft NHSE Competency Framework and the Scottish Curricular Framework. Fantastic networking opportunity. The excellent venue is in the heart of the beautiful and historic city of Winchester.

**Thursday, 14 and 15 February
2019**
Winchester Royal Hotel
St Peter Street, Winchester

Feedback from previous courses:

"Outstanding course, so enjoyable and motivating"

"Fantastic - Amazing speakers"

"I would have liked it to be one more day as I enjoyed it and learnt so much"

"Brilliant 2 days of learning! Very inspiring and motivating"

Now in its 15th year, this renowned course is suitable for any health and social care professional in adult or child mental health, including mental health nurses, psychologists, IAPT practitioners, psychiatrists, mental health social workers, child social workers; midwives, obstetricians, GPs and health visitors with a special interest in perinatal mental health; all clinicians and managers involved in specialist perinatal mental health services

DAY ONE

- 9.30** Registration and coffee
- 10.00** Good perinatal mental health care: opportunities and responsibilities
Alain Gregoire
- 10.45** The importance of fathers and their mental health
Paul Ramchandani
- 11.30** Coffee and networking
- 12.00** Why do we care? A partner's experience
Raj Bungler
- 12.45** Lunch and networking
- 1.45** Maternal mental health and the foetus
Vivette Glover
- 2.30** Women with terrifying intrusive thoughts
Peter Lawrence
- 3.15** Tea and networking
- 3.45** Perinatal mood disorders: update on the research
Ian Jones
- 4.30** Conclusions and feedback
- 4.45** Close

DAY TWO

- 9.15** Registration and coffee
- 9.30** Maternal mental health and child development: effects and modulating factors
Alan Stein
- 10.15** Domestic violence and perinatal mental health
Louise Howard
- 11.00** Coffee and networking
- 11.30** Intergenerational transmission of psychological disadvantage: the clinical perspective
Alain Gregoire
- 12.15** Why do we care? A personal experience
Laura Wood
- 1.00** Lunch and networking
- 2.00** Psychological therapy for Complex PTSD
Hannah Wilson
- 2.45** Enhancing the mother-infant relationship
Sue Pawlby
- 3.30** Medication in pregnancy and postnatally: principles and practice
Alain Gregoire
- 4.20** Conclusions and feedback
- 4.30** Close

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Thursday, 14 and Friday, 15 February 2019
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Booking Form

Complete and email to coursescentre@gmail.com

Name	
Position/Role	
Email	
Address	
Tel	
Trust/Employer	

May we put your email address on the delegate list to assist networking and let you know about future courses?

Any dietary requirements:

I enclose a cheque for £460 payable to "PMH Training Ltd"
Send to:
Perinatal MH Training, 3 The Curlews, Verwood, Dorset BH31 6NX

OR I have paid £460 by bank transfer on (day/month/2019)
Account name: PMH Training Ltd
Sort Code: 40-40-14
Account number: 52276720
Reference: Your name/peri19A

You will not be registered for this event unless payment accompanies your application.

Places cannot be held provisionally.

Registration fee: £460.00 for 2 days includes refreshments, lunches and course materials. Does not include accommodation or travel expenses. All bookings will be confirmed in writing and nearer the time you will receive delegate information including directions to the venue.

We regret that we are only able to invoice for bookings of 3 or more places. If an invoice is required please supply invoice details and a purchase order number.

Cancellation policy: Refund, less 25% administration fee, if received in writing at least 4 weeks before the course. We regret that after this time no refund will be made, but substitute delegates are welcome at any time.

IF YOU LEAD WORK AT ANY LEVEL, THIS IS FOR YOU:
DEVELOPING AND LEADING PERINATAL MENTAL HEALTH SERVICES
A ONE DAY EXTENSION TRAINING IN THE KNOWLEDGE AND SKILLS
NEEDED BY THOSE LEADING WORK IN PERINATAL MH
NEXT COURSE 21 NOVEMBER 2018